

CERTIFICATE

OF PARTICIPATION

This is to certify that

Stefan Van Heerden

Has successfully participated & completed the

5km Cowhouse Winter Trail Run 2017

held at Cowhouse Market.

TIME 00:58:47

PACE 11:45/km

OVERALL 123 of 133

OPEN 14 of 16

29 July 2017, Sat

Date



BoutTime

GENDER 44 of 49